



## **Mission Statement**

# WEGROW RUGBY





## SOCIALGOOD

The ability to impact young people's lives positively and provide opportunities that can improve the general well-being of our youth participants. By using rugby as a vehicle, we can install and promote some of the gifts of rugby such as passion, pride and purpose.

### **HeadStrong Huddle**

We prioritize the physical and mental health of players in all Grassroots
Communities. We show this by the implementation of HeadStrong Huddle and our connection with LooseHeads.
To further increase awareness for mental health we plan on initiating a Wellness Wednesday program amongst our staff and across constituencies.

#### **Orientation Week**

Our 2021 staff have identified and spoken up about the importance of Mental Health. Our orientation week provides a safe space for employees to share their struggles and learn techniques to help mentally challenging scenarios.

### **Mixed Abilities**

BC GRF provides programming to athletes of mixed abilities. Perspective, Purpose and Participation.



# COMMUNITY

BC GRF is a support mechanism centred upon connection. We are here to uplift and aid the existing rugby structure. We are A political and provide positivity in every instance possible.

Community and Connection are at the heart of every BC GRF decision and program.

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### **Growing the Game**

Our goal is to get as many people playing the non contact version of rugby as possible. How? We create satellite programs, by investing our time and resources into communities that do not have solidified programming. I doing so we will make the sport more accessible.



# SUSTAINABILITY

Financially, we are 85%
federally and
provincially funded
therefore grant application
and reporting methods are a
cornerstone to BC GRF
business. BC GRF must
create engagement and
provide meaningful
opportunities to donors and
philanthropists.

Programming - Fun, fulfilling and futuristic.

engagement and provide meaningful opportunities to donors and philanthropists. Tent recognition, Rugby Roadshow Trailer, Mixed abilities and Outreach camps - C&R 2022 MOU for each partnership, clearly defining details and expectations of both parties - Clay 2022

In order for BC GRF to
GROW financially, CSJ and
BC GAMING funds are the
top priority. Exact deadlines
on all funding applications.
Precise and effective
reporting methods - C&R
2022
Implement an adequate

Implement an adequate registration system and fees
- Clay 2025 Keep partnerships in each constituency, with the goal of attaining \$10k locally (Annually) - Clay 2022

Programming futuristic programming means staying current and up to date with the audience's likes/dislikes and having the creativity to design sessions on a case-by-case scenario. Programming is outlined on pages 7,8,9



# 27 COMMUNITIES BY 2027

#### **EXISTING**

Victoria
Esquimalt
Sooke
Saanich
Westshore
Malahat/Mill Bay
Cowichan
Ladysmith
Nanaimo

Port Alberni Courtenay/Comox Gulf Islands Kelowna Chemainus UVIC



2023 2024 2025 2026

Whiterock
Langley
Haida Gwaii
Surrey
Abbottsford
UBC
TWU

Prince Rupert Kamloops
Williams Lake Vancouver







"SEEDS" BEGINNING RUGBY: 5 & 6 YRS
"SPROUTS" LEARNING RUGBY: 7 & 8 YRS
"SMALL TREE" PLAYING RUGBY: 9-12 YRS

The physical and emotional differences in the development of five-year-old, to eight-year-old or 12-year-old kids can be enormous therefore coaching them, in the same way, can create huge problems. This is one of the main reasons we now have 3 separate courses for our Grassroots grades.





# POPUP&PLAY

Free
Random Locations
Ages 5-12
2 Hours



# POPUP&PLAY

Satellite FREE Programming for kids aged 5 - 12.

Locations are determined by popular foot traffic areas and areas of need.

Kids and parents who sign up or follow us on Social Media will gain access to over 60 free 2 hour sessions in their community.

The key to the success of this programming is by giving as much notice as possible and by having weekly destinations.

An opportunity for Parents to BREATHE, RELAX and have peace of mind that their child is participating in a fun, safe setting under the guidance of expertly trained supervisors.



## **FUN**

Fundamental Movement Introduction to Catch & Pass Energizing Fun Games



## **FULFILLING**

Fundamental Skills
Gameplay & Spacial Awareness
Introduction to Non-Contact Rugby



## **FUTURISTIC**

Fundamental Skills
Technical & Tactical Skill Blocks
House League



# PROGRAMMING IN PARTNERSHIP: AGES 12-16

BC GRF takes into account that participants will be involved in the regional and provincial play. Select windows and partnership programming is best suited to this age category.

BC GRF to Partner with Regional Bodies. Our staff will work with TIDE, TSUNAMI, WAVE & TORA to deliver free identification camps on behalf of the regional body.

Virtual Programming is an asset to this age grade. Flora Academy is an online tool that helps participants navigate sport and community space.

Branching out of this partnership will be a regional touch leagues. This has been trialled and proven. This touch competition will be an opportunity to promote rugby and grow other programs.

Outreach Camp - Hornby Island
Sea to Scrum Series
LeadHERship - Seminar Series
Academy Programs - UVIC
Academy Programs - UBC
Academy Program - TWU







## TOUCH LEAGUE & EMPLOYEES: AGES 17-18

This age grade is the maturation of our grassroots cycle. We offer an adult touch league.

Our largest impact on this age group is through employment. We have the ability to support developing players in attaining their dream.

We will have an invitational 7s and 15's team that will attend a single tournament.



# WEGROW RUGBY

**GRASSROOTSRUGBY.CA** 

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